

HEBATising Talent!

Left brain

I am the left brain.
I am a scientist. A mathematician.
I love the familiar. I categorize. I am accurate. Linear.
Analytical. Strategic. I am practical.
Always in control. A master of words and language.
Realistic. I calculate equations and play with numbers.
I am order. I am logic.
I know exactly who I am.

BALANCE

Right brain

I am the right brain.
I am creativity. A free spirit. I am passion.
Yearning. Sensually. I am the sound of roaring laughter.
I am taste. The feeling of sand beneath bare feet.
I am movement. Vivid colors.
I am the urge to paint on an empty canvas.
I am boundless imagination. Art. Poetry. I sense. I feel.
I am everything I wanted to be.

MUHAMAD SAIFUL BAHRI YUSOFF, MD, MIMED, PHD

**LITERATURE
EVIDENCE
THEORY**

**REPORTS
STORIES**

**MY RESEARCH &
OBSERVATION**

**TODAY'S
PRESENTATION**

Ability to perceive, express, understand, motivate, control & regulate emotion

#02 Emotional Quotient (EQ)

(Salovey & Mayer, 1990)

Self-awareness, Managing emotions, Self-motivation, Empathy, Handling relationships

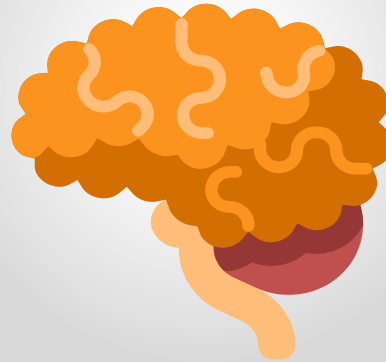
(Goleman, 1995)

Knowledge
Intellectual
Thinking skills
Cognitive capacity

#01 Intelligence Quotient (IQ)

(Stern, 1912)

BALANCE



#03 Spiritual Quotient (SQ)

(Zohar & Marshall, 2000)

Values, Ethics, Morality, Attitudes, Belief, Spirituality, Integrity, Humility

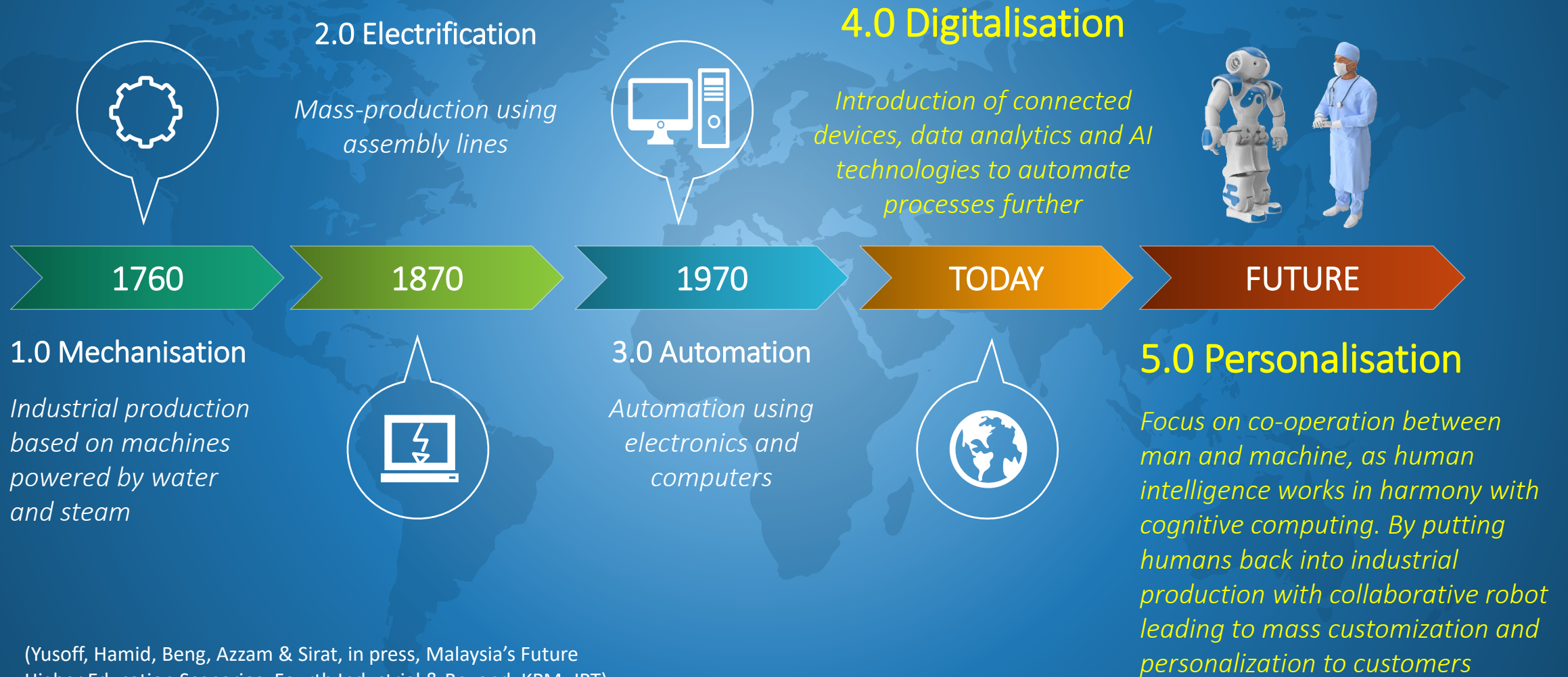
Ability to learn from experience, adapt to new situations, understand & handle abstract concepts, & use knowledge to manipulate one's environment

Human Intelligence

(Sternberg, 2017)

Ability to access our deepest meanings, values, purposes and motivations

Future is about Human-Techno Interaction

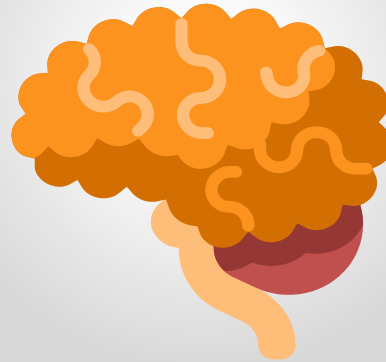


(Yusoff, Hamid, Beng, Azzam & Sirat, in press, Malaysia's Future Higher Education Scenarios: Fourth Industrial & Beyond, KPM, JPT)

#02 Emotional
Quotient (EQ)

#01 Intelligence
Quotient (IQ)

BALANCE



#03 Spiritual
Quotient (SQ)

#04 Techno
Quotient (TQ)

Ability to leverage on technology
to enhance & enrich IQ, EQ & SQ

Obscene moment a female doctor poses for a SELFIE and flashes the 'peace' sign while delivering a baby

- The photo of a doctor with a woman giving birth was posted on Facebook
- It showed a doctor flashing a peace sign as the woman prepares to give birth
- It caused outrage and went viral on social media and is being investigated

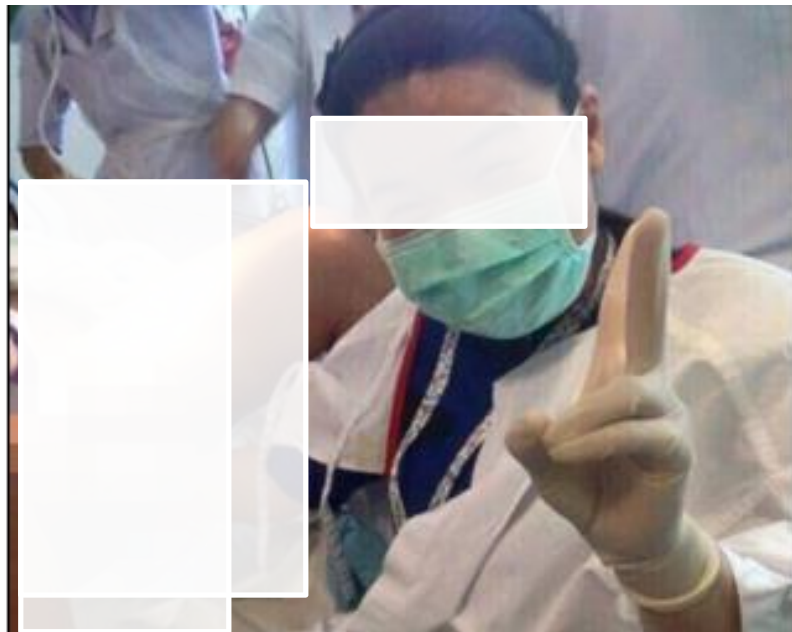
By LEITH PUFFACINE FOR DAILY MAIL AUSTRALIA

PUBLISHED: 01:41 GMT, 1 September 2015 | UPDATED: 02:09 GMT, 1 September 2015



A doctor is under investigation after taking a selfie while appearing to be delivering a baby and then posting the image to social media.

The graphic photo shows a doctor wearing a face mask and flashing a peace symbol, while her with her right hand she is preparing to deliver the baby. Other medical staff are pictured in the background.



NO	TQ	YES
YES	IQ	YES
NO	EQ	YES
NO	SQ	YES

**Balance
needs all Qs**

Connecting the **TIES** for Balanced Mindsets

T Techno Quotient

Ability to leverage on technology to enhance & enrich IQ, EQ & SQ

I Intelligence Quotient

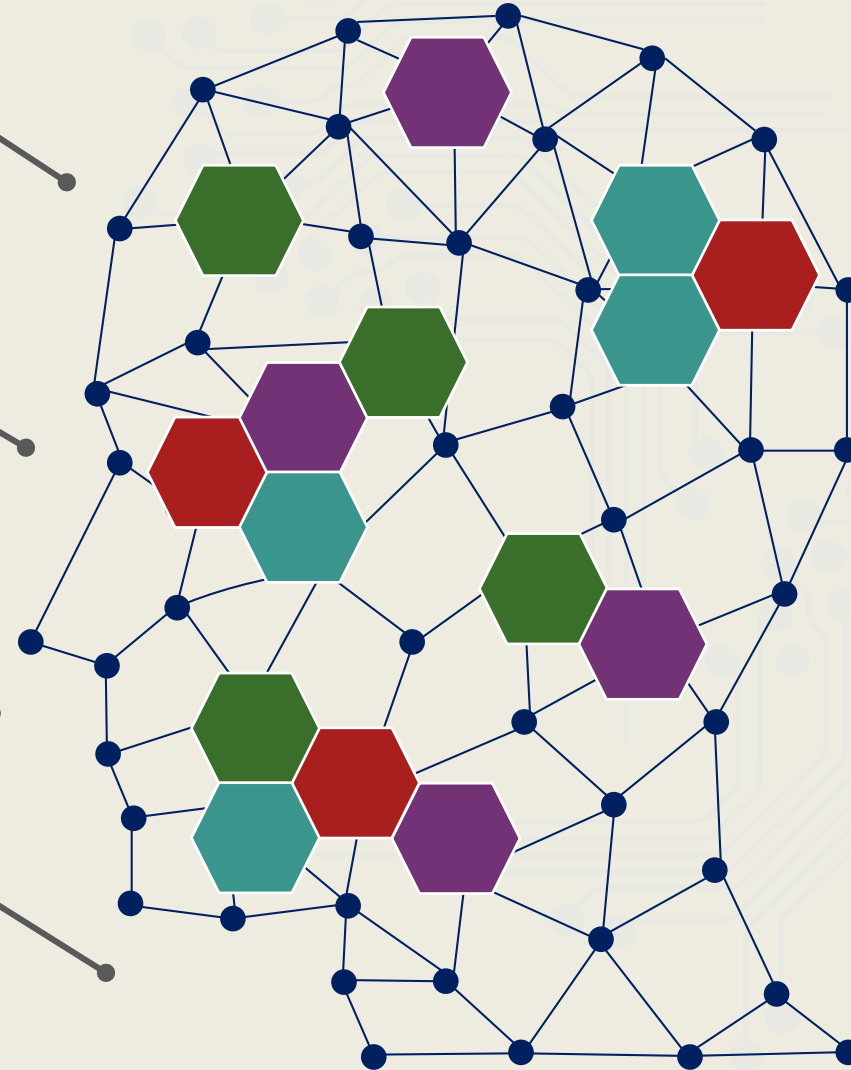
Cognitive ability to obtain knowledge & to use that knowledge to solve problems

E Emotional Quotient

Ability to perceive, express, understand, motivate, control & regulate emotion

S Spiritual Quotient

Ability to access our deepest meanings, values, purposes & motivations



How to Connect the **TIES**?



REFLECTIVE LEARNING

Keep on learning, reflect on what happened, learn lessons from experience & think how to do things differently to move on



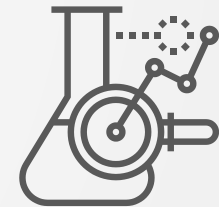
GROWTH MINDSETS

Having believe that we can learn more and become better if we are ready to learn, open for change & keep on practicing



RESOURCEFULNESS

Adaptable and creative in the way we make use of surroundings to achieve results or overcome difficulty



SELF-CONTROL

Being composed & controlled under any situations, particularly difficult situations

STRATEGY

Connect the **TIES**

Intelligence Q

Emotional Q

REFLECTIVE LEARNING

RESOURCEFULNESS

SELF-CONTROL

GROWTH MINDSETS

Techno Q

Balanced
Mindsets

Spiritual Q





Thank You

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